

TECHNIQUES THAT CAN HELP US SLOW DOWN

- Pause and point**
Or walk back and touch the written word
- Pause and think**
Use a grounding gesture that works for you
- Teach to the eyes**
- Praise**
- Comprehension checks**
Do more than one check in ascending order of abstraction and difficulty
What did I just say? (*Shows student gets the gist, the contextualized message*)
What does ____ mean? (*Shows student gets the phrase; specific part of the whole*)
Why did I say ____ instead of ____? (*Shows student understand how the grammar functions*)
- Stretch out Phrasing and Spacing between words**
- Delay the gesture**
When the word and the gesture are always simultaneous students may just watch and not listen.
- Honor the language**
You love it, so savor it like an expertly prepared gourmet meal. Consume it slowly.
- Teach the slow processors**
- Write it down**
- Involve students in the slowing down process**
Ask for a big obvious sign that they do not understand
Keep reminding them to remind you
Ask for a level of understanding 1-5 or 1-10
- Breathe**
Yoga-like technique
- Set a slow pace**

More ideas from your group this session

What about faster processors? Give them a task:

- Structure/Word counter (How many times did I say ____?)
- Quiz writer (12-15 questions and answers. Teacher chooses 10 for quiz at end of period)
- Artist (Draw the story to display and retell tomorrow)
- Details writer (to remind teacher and class about the story tomorrow)